



**34 Portsmouth Ave
Exeter, NH 03833
(603) 777-2775**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am – 10:00am Adult Jiu Jitsu	4:10pm – 4:55pm Kids BJJ	9:00am – 10:00am Adult Jiu Jitsu	6:30am – 7:30am Adult Jiu Jitsu	9:00am – 10:00am Adult Jiu Jitsu	9:30am – 11:30am Adult Jiu Jitsu
10:00am – 11:00am Jiu Jitsu Open Mat	5:10pm – 5:55pm Kids BJJ	10:00am – 11:00am Jiu Jitsu Open Mat	4:10pm – 4:55pm Kids BJJ	10:00am – 11:00am Jiu Jitsu Open Mat	9:30am – 10:15am Kids BJJ
4:10pm – 4:55pm Kids BJJ	6:10pm – 6:55pm Kids BJJ	4:10pm – 4:55pm Kids BJJ	5:10pm – 5:55pm Kids BJJ		
5:10pm – 5:55pm Kids BJJ	6:10pm – 6:55pm Adult Jiu Jitsu	5:10pm – 5:55pm Kids BJJ	6:10pm – 6:55pm Kids BJJ		
5:10pm – 5:55pm Adult Jiu Jitsu	7:00pm – 8:00pm Adult Jiu Jitsu	5:10pm – 5:55pm Adult Jiu Jitsu	6:10pm – 6:55pm Adult Jiu Jitsu		
6:10pm – 6:55pm Adult Jiu Jitsu	8:00pm – 9:00pm Jiu Jitsu Open Mat	6:10pm – 6:55pm Adult Jiu Jitsu	7:00pm – 8:00pm Adult Jiu Jitsu		
7:00pm – 8:00pm Jiu Jitsu Open Mat		7:00pm – 8:00pm Jiu Jitsu Open Mat	8:00pm – 9:00pm Jiu Jitsu Open Mat		